





1st GET STRONGER

directions on back



Inflatable dumbbell (1 per room)

2nd SAY WITH ME

all ages

Say Together: I obey God more each day!

3rd

QUESTIONS

ages 4-K

- 1. Do you need big muscles to be strong for God? No
- 2. What stuff can you do each day to get strong for God? See "Actions List" on back for ideas.



1. **Pretend** the dumbbell is really heavy and can't be lifted off the floor.

Say: These weights are so heavy! If I want to lift them, I need to practice doing some little stuff first to get big and strong.

2. **Pretend** to lift them again, without success.

Say: Friends, help me do some little stuff so I can get big and strong for God!

- 3. **Read** an action from the **Actions List** below.
- 4. Everyone **acts out** the action together.

Say: I'm starting to feel a lot stronger for God now! Say, "I obey God more each day!" while I try to lift these really heavy weights again!

- 5. Everyone **says** together, "I obey God more each day!"
- 6. Lift the dumbbell. Pretend it's hard, but you can do it.
- 7. **Repeat** steps 3-6 for each action on the list, but pretend to struggle less each time.
- 8. **Pretend** to be so strong you can lift the dumbbell over your head!
- 9. Say "Say With Me" listed on the front.
- 10. For ages 4-K, **ask** "Questions" listed on the front.

Actions List

- I pray for my parent to have a good day.
- I clean up all my toys.
- I sing a song to God.
- I say my Bible verse, Luke 16:10 "Whoever can be trusted with very little can also be trusted with much ..."
- I give my friend a hug.







1st BIG OR BABY?

directions on back

YOU'LL NEED

- Bag (1 per room)
 - Tiny onesie (1 per room)
 Tiny sock (1 per room)
- Cup (1 per room)
 Fork (1 per room)
 Crayon (1 per room)
- Baby bottle (1 per room)



all ages

Say Together: I obey God more each day!

3rd

QUESTIONS

ages 4-K

- Why is it a bad idea to give big-kid stuff to a baby? They don't know what it's for; they might make a mess; they might get hurt.
- 2. Why do you think you're good at using the big-kid stuff? I know what it's for, I can use them correctly, I can be trusted with them, etc.



Before Prop Talk

1. **Secretly place** the baby bottle, onesie, sock, cup, crayon, and fork inside the bag.

Prop Talk

1. **Show** the bag of items, and shake it gently.

Say: Friends, look! I have a bag full of stuff! Help me sort it out. Tell me if it's big stuff for big kids or if it's baby stuff for babies! Ready?

- 2. Kids respond.
- Take out items one at a time. Each time, ask if it's big stuff for big kids or baby stuff for babies.

Note: Some of your younger kids may still use bottles. Don't shame them.

Stuff

Baby Stuff	Big-Kid St
Baby bottle	Cup
Tiny onesie	Crayon
Tiny sock	Fork

Say: You can't give this big-kid stuff to a baby! They don't know what they're for, they might make a mess, or they might even get hurt! Just think about how much you've changed since you were a baby!

Ask: How many of you are big kids who want to obey the little stuff-and the big stuff-each day?

- 4. Kids respond.
- 5. Say "Say With Me" listed on the front.
- 6. For ages 4-K, **ask** "Questions" listed on the front.









directions on back



SAY WITH ME

• A bin of toys from your room (1 per room)

2nd

all ages

Say Together: I obey God more each day!

3rd

QUESTIONS

ages 4-K

- 1. Is it always fun to obey the small stuff? No
- 2. Why should you obey the small stuff when you don't feel like obeying? Obeying the small stuff gets you ready to do the big stuff for God.



Say: All I wanna do is play, play, play! So I'm gonna make a big mess!

1. **Dump out** one of your room's toy bins. *Choose* the bin with the most pieces in it.

Say: Whoa. That is a big mess. It sure looks fun to play in ... but is that what we're supposed to do right now?

- 2. **Point** to picture schedule on the wall to show kids that Play Time is over, the kids already cleaned up, and now it's time for Prop Talk.
- 3. Kids answer.

Say: Friends, you're right. I need to clean up. I need to do the small stuff to get ready for the big stuff we'll learn on our Bible Adventure! Anyone want to help me?

4. **Clean up** the rest of the toys with any kids who want to help.

Say: Phew, now we finished that little stuff! Let's go on a Bible Adventure and learn big stuff!

- 5. Say "Say With Me" listed on the front.
- 6. For ages 4-K, **ask** "Questions" listed on the front.







1st

TINY BABY

directions on back



SAY WITH ME

• Baby doll (1 per room)

2nd

all ages

Say Together: I obey God more each day!

3rd

QUESTIONS

ages 4-K

- 1. Why can't babies do big stuff for God? Because they still aren't ready to obey the little stuff each day
- 2. How can you show your parents and leaders that you are ready to do big stuff for God? By obeying the little stuff each day

TINY BABY

1. Hold the baby doll like it's a real baby.

Say: Look at this little baby, friends. Raise your hand up high if you've ever wanted to hold a real baby!

2. Kids **respond**.

Say: Show me how you sit when you're holding a baby!

3. Help kids **sit** still with a calm body.

Say: Very good, friends! I see you're sitting very still with a calm body. Is that something a baby could do?

4. Kids respond.

Say: Now, what does your voice sound like when you talk to a baby?

5. Help kids **speak** kind, soft words.

Say: Yes! We say kind, soft words to babies. Can babies even say any words at all?

6. Kids respond.

Say: Of course not! But you can because you're not a baby. Keeping a calm body and saying kind, soft words is small stuff that gets you ready for big stuff–like being a babysitter!

- 7. Chant together calmly, "Hold the baby."
- 8. Kids who are showing calm bodies and kind voices **hold** the baby doll.
- 9. **Pass** the baby doll to as many kids as possible.
- 10. **Say** "Say With Me" listed on the front.
- 11. For ages 4-K, **ask** "Questions" listed on the front.